

Shawnee Senior Living

1901 N. 13th St.
Herrin, IL 62948

January 2023

Activities & Times are
Subject to Change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <u>New Years Day</u> Daily Delights 9:00 Rose Bowl Parade 10:30 Devotions 2:00 New Year Day Party	2 8:45 Westerns 10:00 Coffee Chat 10:15 Spelling Bee 1-3pm Sports Day Football Follies 1:30 Book Hour	3 8:45 Walton 10:00 Coffee Chat 10:30 January Quiz 10:45 Memory War 11:15 Music 2:00 Bingo	4 8:45 Grand Ole Opry 10:00 Snack Cart 10:30 Resident Council 10:45 Memory- Social 11:15 5 Card Bingo 2:00 Balloon Toss	5 8:45 Hazel 10:00 Coffee Hour 10:30 Nail Spa 10:45 Memory simple Trivia 11:15 5 Card Bingo 2:00 Ice Cream Social	6 8:45 Gospel Music 10:00 Coffee Hour 10:30 Snack Cart 11:15 Music Therapy 2:00 Bingo	7 8:45 Westerns 10:00 Coffee Hour 10:30 BNO!! 1:00 Outings
8 Daily Delights 9:00 Elvis Presley Scavenger Hunt 10:30- Rosary Hour 2:00 Elvis Movie and Popcorn	9 <u>Elvis Day</u> 8:45 Westerns 10:00 Coffee Chat 10:15 Elvis Trivia 1-3pm Sports Day 1:30 Elvis Movie	10 8:45 Little House on the Prairie 10:00 Coffee Chat 10:30 Brown Bag Guess 10:45 Memory Sensory 11:15 Trivia 2:00 Bingo	11 8:45 Kissin' Cousin 10:00 Coffee Chat 10:30 Trivia 10:45 Memory Show and Tell 11:15 Music 2:00 Winter Festival	12 8:45 I Love Lucy 10:00 Coffee Hour 10:30 Nail Spa 10:45 Memory Rhythm Band 11:15 Music 2:00 Quesadilla Social	13 8:45 Western TV 10:00 Coffee Hour 10:30 Snack Cart 11:15 Music Therapy 2:00 Bingo	14 8:45 Westerns 10:00 Coffee Hour 10:30 BNO!! 1:00 Outings
15 <u>Bagel Day</u> Daily Delight 9:00 Morning Social 10:30 Prayer Group 2:00 Snowstorm Word search	16 <u>Martin Luther King Jr. Day</u> 8:45 Western 10:00 Coffee Chat 10:15 The Day in History 1-3pm Sports Day 1:30-Who Am I?	17 <u>Hats Day</u> 8:45 Waltons 10:00 Coffee Chat 10:30 Chair Yoga 10:45 Memory Hats 11:15 History of Hats 2:00 Bingo	18 8:45 Gospel Music 10:00 Coffee Chat 10:30 Educational Hr. 10:45 Memory Simple Quiz 11:15 Now and Then 2:00 Painting Hour	19 8:45 Gilligan's Island 10:00 Coffee Hour 10:30 Nail Spa 10:45 Memory Scent 11:15 Family Feud 2:00 Taco Salad Social	20 8:45 Classic TV 10:00 Coffee Hour 10:30 Snack Cart 11:15 Music Therapy 2:00 Bingo	21 9:30 Westerns 10:00 Coffee Hour 10:30 BNO! 1:00 Outings
22 Daily Delight 9:00 Coffee Social 10:30 Devotion 2:00 Fold and Sort	23 <u>Pie Day</u> 8:45 Western 10:00 Coffee Chat 10:15 Making Pudding Pie 1-3pm Sports Day 1:30 Pie Social	24 8:45 Little House on the Prairie 10:00 Coffee chat 10:30 Frog Toss 10:45 Memory Say Something Nice 11:15 Drinks and Wink 2:00 Bingo!	25 8:45 Country Music 10:00 Coffee Hour 10:30 I Remember When 10:45 Memory Shapes 11:15 War 2:00 Birthday Bash	26 8:45 Reba 10:00 Coffee Hour 10:30 Nail Spa 10:45 Memory Sounds 11:15 Educational 2:00 Creative Corner	27 8:45 Gospel Music 10:00 Coffee Hour 10:30 Snack Cart 11:15 Music Therapy 1:30 Bingo	28 8:45 Westerns 10:00 Coffee Hour 10:30 BNO!! 1:00 Outings
29 Daily Delight 9:00 Men Social 10:30 Prayer Group 2:00 Puzzle Hour	30 8:45 Westerns 10:00 Coffee Chat 10:15 Amazing Stories 1-3pm Sports Day 1:30-Bean Bag Game	31 <u>Backward Day</u> 8:45 Waltons 10:00 Coffee Chat 10:30 Forward and Backward Word 10:45 Memory War 11:15 Now and Then 2:00 Bingo!!				